

ITINERARY AT A GLANCE

Day 1 GAVI
 Day 2 GAVI LIGURE
 Day 3 ALBA
 Day 4 GRINZANE CAVOUR
 Day 5 BAROLO
 Day 6 ASTI
 Day 7 VIGNALE MONFERRATO
 Day 8 ARRIVEDERCI

Day 1: GAVI
 Meet in hotel lobby at 1:00 pm for introductions and orientation to the trip. We'll do a bike fitting and then take a short warm-up ride in the hills behind our lovely villa. Our ride for this afternoon will be approximately 10 miles.

Day 2: GAVI LIGURE
 Today we pedal around Gavi, exploring the local castles built by wealthy Genovese families between the 16th and 18th centuries. In the afternoon we enjoy a wine tasting at Enoteca La Cave where they produce red wines like Dolcetto and Gavi DOC. If time permits, on the return to Gavi we will stop to visit the Fort above the center of town.

Day 3: ALBA
 We will take a van shuttle from Novi Ligure to Acqui Terme (1.5 hr drive). After visiting the town, we begin to pedal to Neive. We stop at Nizza Monferrato. The last big hill of the day, along Moscato vineyards, take us to Mango and to our final destination, Alba.

Day 4: GRINZANE CAVOUR
 This morning we pedal in the Alte Langhe (the high area) towards Bossolasco. In the afternoon, we will visit the Enoteca and a wine museum at the Castle of Grinzane Cavour. From here, we will stop by the small shop owned by the Pellissero family and we'll taste their wine, grappa, salami and homemade bread.

Day 5: BAROLO
 We spend about one hour visiting Alba with a local guide. Leaving Alba, we pedal through the vineyards of Barolo and Dolcetto. We stop for a visit and tasting at the Enoteca Regionale di Barolo. Then it's on to La Morra for lunch. In the afternoon, we have a wine tasting at the Azienda Agricola Renato Ratti.

Day 6: ASTI
 We begin our ride to Asti, stopping at Canale to explore the markets and then on to Castello di Govone for a leisurely picnic lunch. The landscape includes a Piazza Alfieri and the Cathedral of San Secondo. Shuttle or ride to Vignale Monferrato. Once we arrive in town, we explore the medieval Centro Storico,

Day 7: VIGNALE MONFERRATO
 Today we visit the Monferrato area. By lunchtime, we arrive in Vignale where we stop to taste wines in the enoteca there. In the afternoon, we arrive at Montemagno with great views of the surrounding countryside.

Day 8: ARRIVEDERCI
 We will provide an early AM shuttle to Asti train station (30 min ride) where the group can catch trains to all other destinations in Italy. We will be happy to assist you with your travel plans.

Total mileage: 260
Daily average: 37

Included:

- All accommodations
- Evening of local music
- Guided walking tours of Alba and Asti
- 5-8 formal wine tastings (many informal)
- Three cycling clinics
- Five dinners & two Ciclismo Classico picnics
- Shuttle to train station in Asti on Day 8

Not Included:

- A 27-speed lightweight road or 24-speed hybrid bicycle (available in Italy at additional \$155.00 rental cost)
- Transport of bike case (for guests who bring their own bike; shipping available in Italy for additional fee)
- Wine and alcoholic beverages
- Most lunches
- Airfare
- Transfers to the starting point or from the finishing point unless specified; we can assist you in planning and arranging for any necessary shuttles
- Helmets (Bring your own, can not be rented in Italy)
- Personal expenses (laundry, supplies, phone calls, etc)
- Guide tip



Price per person	Dbl	Sgl	Trl
Land Only	\$3,695	\$4,195	N/A

June 4
 September 10, 24
 October 7

Special departures on request with supplement

Selected Hotels	
VILLA SPARINA GAVI	(1 night)
GRAND HOTEL NUOVE TERME	Aqui Termi (1 night)
PALAZZO FINATI	Alba (3 nights)
SANT'UFFIZO	Cioccaro di Penango (2 nights)